

## Commitment to Confidentiality

**Confidentiality:** Everything that is shared in the group should stay in the group. Every effort will be made by the group leader and its members to ensure confidentiality. The group is a safe place where each person may share or confess anything freely. Failure to maintain confidentiality may result in termination from the group.

**Understanding:** Below are statements of understanding that will guide Freedom Fight groups.

I understand that the Freedom Fight program will require real vulnerability and authenticity about emotions, dealing with my past, confessing sin, and other areas in order to experience genuine change.

Group leaders are required to discuss the following behaviors with any participant if he/she believes they are being exhibited:

- Ongoing sexual or physical abuse
- Self-inflicted physical harm
- Intention to harm another person
- Mental dysfunction
- Confessed or disclosed any illegal act in accordance with United States law.
- Confessed or disclosed any intention to commit an illegal act in accordance with United States law.

I understand the consequences for communicating the above but not limited to behaviors may result in reports to the proper authorities.

I understand that the Freedom Fight program has a holistic approach, integrating both biblical and clinical insights to assist in the recovery process.

I understand that Freedom Fight Groups are not therapy groups and that Freedom Fight Leaders are not licensed counselors or therapists.

I understand going through a Freedom Fight Group does not guarantee freedom but will be conducive for success.

Group Leader Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature \_\_\_\_\_

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